



*User manual - Installation and adjustment instructions for
V-Trak Backrest Systems*



User manual, installation and adjustment instructions for V-Trak Backrest
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Intended Use

Intended use - The V-Trak backrest range is intended to provide suitable postural support to wheelchair users with a broad range of disabilities. V-trak backrest range includes modular backrest systems for wheelchair users including compatible hardware and accessories.

SAFETY WARNINGS and transportation

1. The equipment described in this manual should be installed and adjusted by suitably qualified professionals such as Occupational Therapists or Rehabilitation Engineers. Backrests must be assembled and adjusted only by personnel qualified and authorised by Supportec B.V.
2. This Guide is intended for the user of the equipment and all others involved in its application and use.
3. Like all mechanical equipment, misuse or incorrect application may cause injury to the user and/or others.
4. Like many modular systems, it is possible to construct a configuration which exceeds the design limits of the system. Also, its installation may affect the stability of the host wheelchair. It is the responsibility of specifiers and issuers of the equipment to carry out a risk assessment and to advise on the safe use and deployment of the equipment.
5. Maximum load 120 kg
6. Check your skin condition very frequently after the installation of a new postural system and consult your doctor or therapist if in doubt.
7. If the backrest configuration does not correspond to personal needs, as appropriate, consult your doctor, therapist, or device supplier.
8. Do not use the backrest, side support pads and swing-away laterals in direct contact with the skin; the occupant should wear clothing capable of protecting from possible skin allergies and/or irritations.
9. To avoid damage or injury, do not use the backrest if it is not well fixed in its operating position. Consult your device supplier if the backrest is not properly configured.
10. Never use the backrest to push or lift the wheelchair. An improper use may cause damage to the backrest and injury to the occupant.
11. High tone/body mass and tall users may require the use of 4 point attachment hardware and/or stabilizing accessories. Refer to pages 24-28. The backrest configuration may affect the center of gravity of the wheelchair, for which a stability check is

recommended and, if necessary, the installation of an anti-tip device.

- 12.** Advanced orientation facilities such as recline and tilt-in-space will increase the loading of the backrest and accessories. This may require additional hardware and strengthening accessories available from your distributor. Refer to pages 24-28
- 13.** Always Install the configuration of the V-trak backrest when the Wheelchair seat angle is at its smallest adjustable angle. To Prevent trapping
- 14.** Once a V-Trak backrest system has been installed and adjusted, follow the instructions on the Safety Checklist on pages 29-31 to ensure that the installation is properly and safely completed

The V-Trak system has been Crash Tested to the ANSI RESNA standards for Wheelchairs Ref: WC19 and WC20 and is suitable for use as Seating in Transportation. When used as seating in transportation, an adequate head support should be used for such journeys. A wide range of V-Trak removable headrests is available from your distributor.

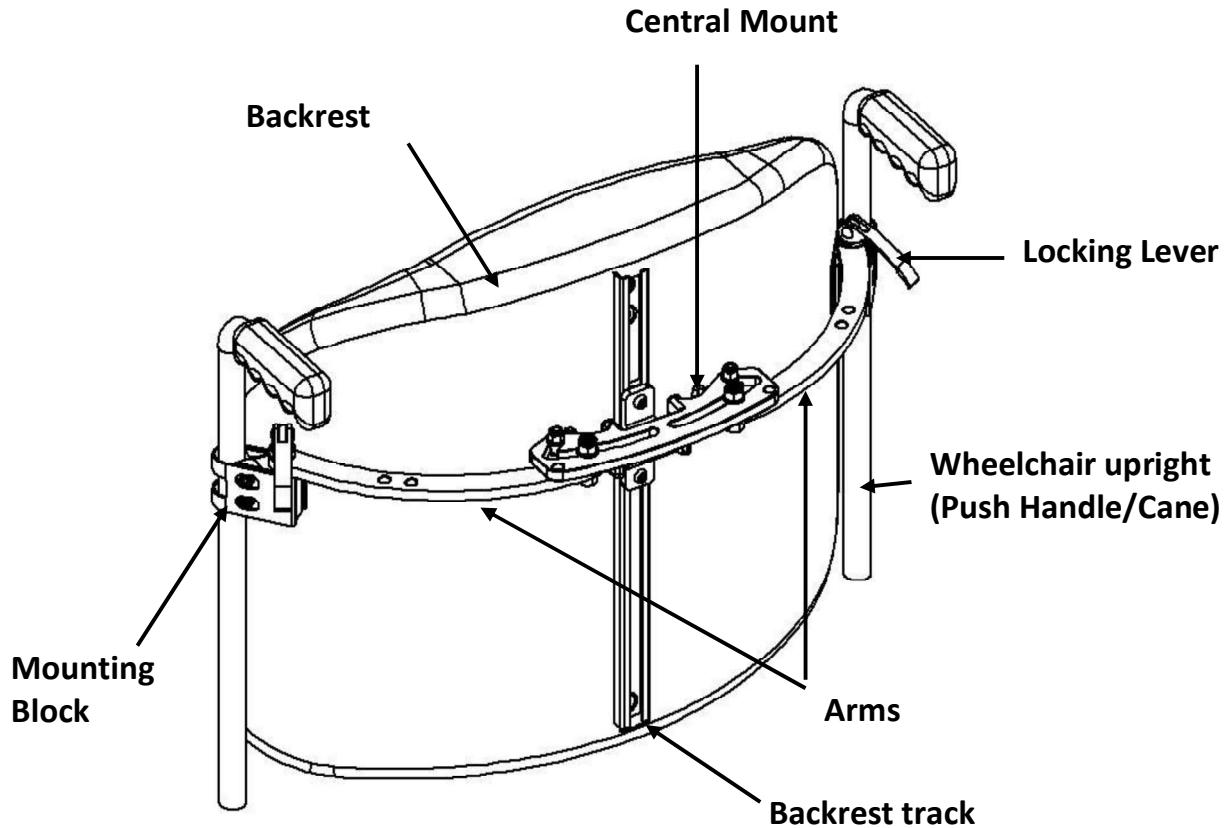
Complete the summary on Page 31 and leave with the appropriate person.

Further detailed information on the deployment, use and maintenance of V-Trak products is available from the following sources:

- Your local V-Trak distributor/dealer
- V-Trak websites – www.v-trak.com,

V-Trak System - overview

Figure 1



The system consists of:

- ◆ Two **Mounting Blocks** that are fixed, one on each side, to the upright tubular sections (Push Handles/Canes) of the wheelchair.
- ◆ Each mounting block is connected, through a **Locking Lever**, to a horizontal **Arm**.
- ◆ The arms are joined by a **Central Mount** which is secured to the **Backrest track**.
- ◆ Backrests are available in a wide range of sizes and configurations and are compatible with an extensive range of V-Trak accessories and with third-party accessories.

Axxis and Comfort backrest ranges are available in a range of popular sizes as complete **boxed systems**. These contain the backrest and all the necessary mounting hardware. They can be ordered using a single product code. Please refer to the Boxed Product Order Forms

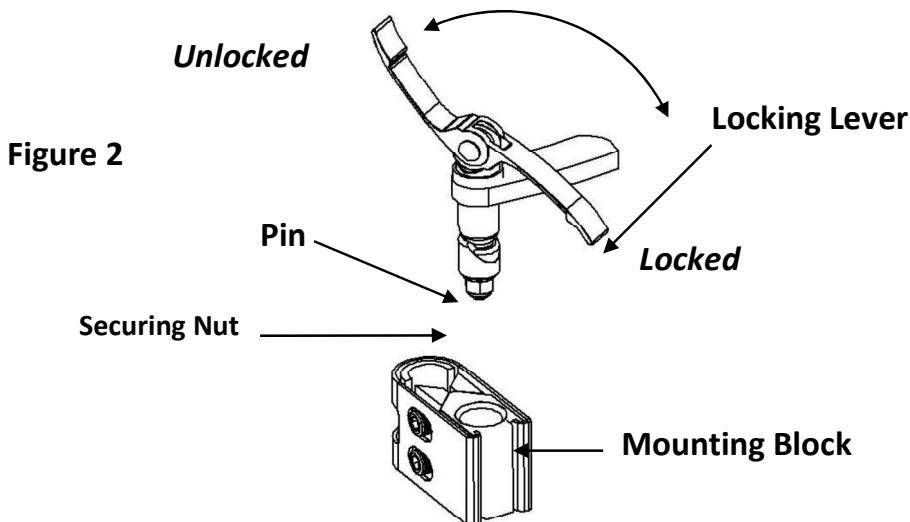
The **Segmented range** includes the full range of V-Trak one-piece backrests, backrest segments and accessories. These are ordered by **specifying the individual items** which make up a whole backrest system. Please refer to the **Order Form** for details of product sizes and ordering codes.

Backrest removal and replacement

To remove or replace the backrest when folding the wheelchair for transportation, or to change between wheelchairs fitted with identical mounting blocks, observe the following procedures.

Removing the Backrest

- ◆ Raise the Locking Lever at the end of each V-Trak Arm past the fully vertical position, to the **Unlocked** position as shown in the diagram.
- ◆ With a hand under the outer end of each V-Trak Arm, lift the system evenly upwards and clear of the Mounting Blocks.
- ◆ Fully remove the system from the wheelchair chassis.



Replacing the Backrest

1. Ensure both Locking Levers are in the **Unlocked** position.
2. With both hands under the outer ends of the V-Trak Arms, lower the system evenly into the Mounting Blocks on the wheelchair.
3. When the Pins are located in the holes in the Mounting Blocks, push down firmly. Ensure that the pins are fully located before pressing the Locking Levers downwards until fully horizontal, in the **Locked** position. The system is now firmly attached to the wheelchair.
4. Check the security of the backrest before sitting in the wheelchair.

Note: It may be necessary to adjust the force required to lock and unlock the system to:

1. suit the strength and/or dexterity of the user
2. Maximise the retention of the backrest.

Warning

- Always check the backrest is locked before using the wheelchair. To do so, take hold of the backrest and it should not move when pulled upwards.
- If fitting or removal is difficult, consult your device supplier.

Warranty

Supportec B.V. fully guarantees the V-Trak range of products against faulty materials or workmanship for a period of 24 months from the date of invoice to the End-User, subject to the following conditions:

1. Goods must have been purchased from an authorised supplier/distributor
2. In the event of a claim the supplier must notify Supportec B.V., De Nedervonder 19, 5061 JP Oisterwijk, The Netherlands immediately
3. Faulty goods must be retained by the supplier for inspection by notify Supportec B.V. Defective products will be repaired or replaced free of charge at notify Supportec B.V. Option.
4. Products must be installed in accordance with the manufacturer's instructions
5. Products must be used for the purpose for which they were designed

Limitations

The warranty does not cover:

- ◆ Fair wear and tear.
- ◆ Abuse or inappropriate use.
- ◆ Unauthorised alterations or adjustments.
- ◆ Damage or deterioration due to failure to maintain the product as directed.

A notice to the user and/or patient that any serious incident that has occurred in relation to the device should be reported to the manufacturer and the competent authority of the Member State in which the user and/or patient is established.

Maintenance & cleaning

When the installation is complete, remember to check that:

1. All screws are fully tightened
2. All washers and locking nuts are present
3. All locking nuts are properly tightened without loosening the main screw
4. That the removal and replacement of the Backrest is smooth and easy to operate
5. In case of any anomaly or damaged or broken parts, do not use the product and immediately contact the device supplier

It is important to check the above items periodically. The interval between inspections should reflect the nature and frequency of use.

Washing instructions

Standard covers are made spacer fabric and are not waterproof. Any spillage should be removed immediately with a moist cloth. Further cleaning may be carried out with a suitable upholstery spray cleaner (following the instructions). The cover may be machine washed; observe the instruction symbols below.



Replacement covers are available.

Re-use & Recondition and Recycle

Re-use of the Backrest

The backrest is designed for repeated use by the individual to whom it has been prescribed. When it is no longer suitable for use, it should be cleaned thoroughly to prevent contamination and then recycled in a safe and responsible manner.

Reconditioning the Product

Reconditioning must be performed by a qualified individual capable of assessing the product's safety for continued use.

- **Backrest or Segment:** Inspect thoroughly for any structural deterioration or deformation. Replace all fabric coverings, straps, and foam parts, which are available as spare parts. Ensure the product is cleaned to avoid contamination.
- **Mounting Blocks and Hardware:** Conduct a comprehensive check for structural deterioration or deformation. Utilize our recycling kits provided for reconditioning our hardware.

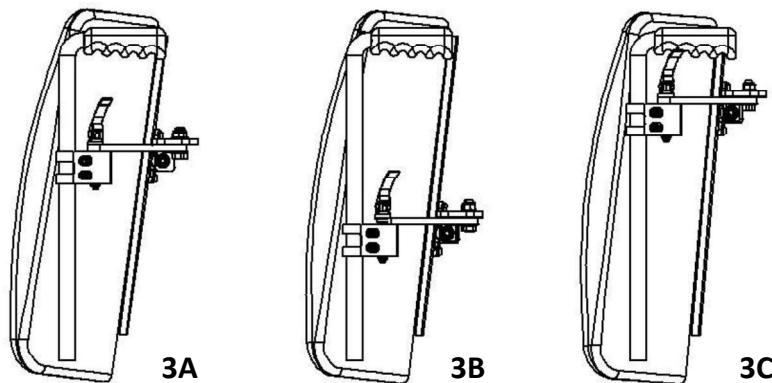
Recycling the Product

If the product can be decontaminated, it should be deconstructed and separated into different material categories for responsible disposal.

Installing all Mounting Blocks

Determine the most suitable position for the mounting blocks. Unless there are obstructions on the uprights or other limiting factors, the optimum location for the backrest pivot point will be at approximately as shown in **Figure 3A**. Typically this will be approximately 60% of the distance from the bottom to the top of the backrest track. **Each case will be different according to the client's body mass and likely behaviour. Every effort should be made to balance the likely rotational forces above and below the pivot point.**

Figure 3



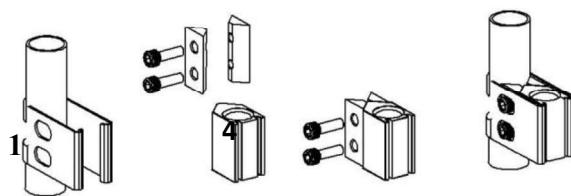
The optimum balance point may not be practical due to obstructions on the wheelchair uprights or other reason. If installations such as Figure 3B or 3C are required, it may be necessary to use a secondary arm at the top for 3B or at the bottom for 3C. Sometimes, a four point attachment configuration may be required to accommodate any excessive forces.

Installation instructions for standard mounting blocks:

1. Remove the canvas backrest from the wheelchair according to the manufacturer's recommended procedures.
2. Remove the Mounting Blocks from their packing and dismantle
3. Using the 5mm Key wrench, remove the two screws **Figure 4 (1)** from the mounting block and withdraw the tightening wedges **(2 and 3)** and the pin block **(4)**
4. Install one Mounting Block at the optimum height for the backrest, ensuring the screw holes are to the outside of the wheelchair and accessible for final positioning. Repeat the process for the second mounting block on the opposite side but approximately 50mm lower than the first block.
5. Ideally the mounting blocks should be facing inward at an angle of approximately 45 degrees but they can be used in a parallel configuration to the front or rear of the wheelchair. **If the tubes are not of round section the special blocks available cannot be rotated but they can be mounted to the front or rear of the uprights or in intermediate positions depending on the cane profile**
6. Do not over tighten at this stage. Allow the mounting block to rotate under moderate pressure.

2 & 3

Figure 4



Installing Universal Mounting Blocks, MB-R-UE & MB-R-US

Contents: MB-R-UE - configured for Europe

2 x Clamp Bands for 22mm (7/8") diameter wheelchair uprights
2 x Pin blocks
2 x Plain wedges
2 x Threaded wedges
4 x Clamping Screws
2 x 25mm (1") diameter Clamp Band for 25mm (1") diameter wheelchair uprights
2 x Spacer Shell – use with 25mm (1") Clamp Band on 3/4" (19/20mm) diameter uprights

Contents: MB-R-US – configured for USA

2 x Clamp Bands for 25mm (1") diameter wheelchair uprights
2 x Pin blocks
2 x Plain wedges
2 x Threaded wedges
4 x Clamping Screws
2 x Thick Spacer Shells – use with 25mm (1") Clamp Band on 3/4" (19/20mm) diameter uprights
2 x Thin Spacer Shells – use with 25mm (1") Clamp Band on 7/8" (22mm) diameter uprights

Instructions:

1. Remove the canvas backrest from the wheelchair according to the manufacturer's recommended procedures.
2. Remove the Mounting Blocks from their packing and dismantle
3. Install as for standard mounting blocks but using additional Clamp Bands and/or spacers where necessary as indicated below.

In most cases the pre-assembled mounting block will be suitable. Occasionally it may be necessary to use the additional Clamp Bands with, or without, the Spacer Shells, to suit different diameter uprights.

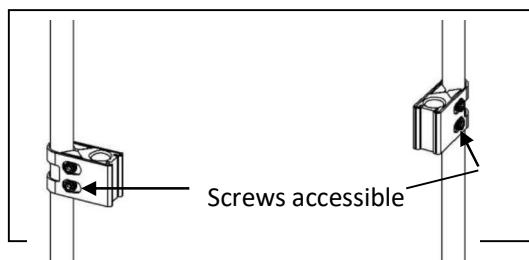


Figure 5

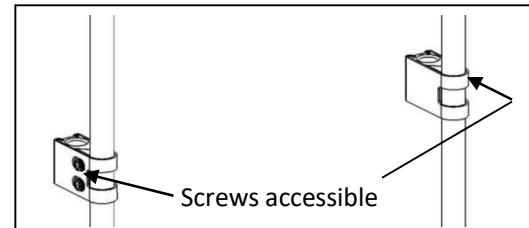
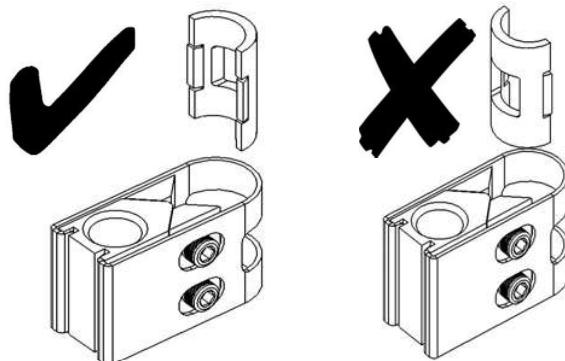


Figure 6

Note: The Mounting Blocks are usually installed to the rear of the canes (Figure 5) but may also be mounted in front (Figure 6) of the uprights. In either case, always ensure the Clamping Screws are on the outside and therefore accessible for final adjustment and tightening.

Observe the correct position for any spacers which must **not** be in contact with the tightening wedges.



Assembling the Central Mount/Arms

1. When supplied as separate items these components will require assembling before mounting onto the wheelchair. If they have been supplied as an assembled item proceed as shown on Page 11 – **Installing the Central Mounting Assembly**

Assembly instructions:

2. Refer to **Figure 11**. Using the Arm Pivot Screws supplied with the Universal Central Mount (CMU), attach the Arms to the Central Mount as illustrated. Remember to use the washers and Locking Nuts in the manner illustrated.
3. Set to the dimensions required for the host wheelchair.
4. Ensure the arms are in their foremost position and resting against the Locking Cams. Tighten lightly to aid later adjustment.
5. Once assembled as in **Figure 12**, proceed as shown in the following section – **Installing the Central Mounting Assembly**

Figure 11

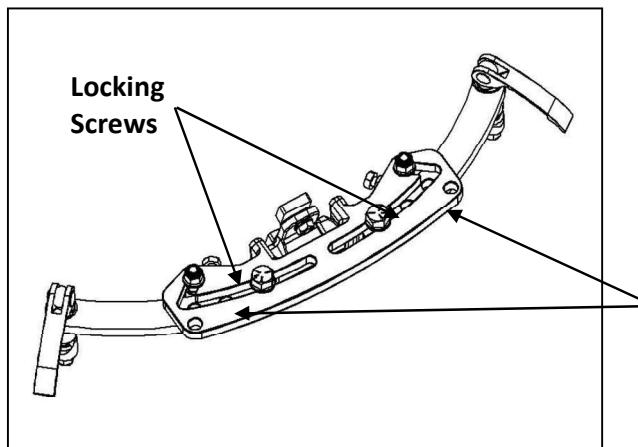
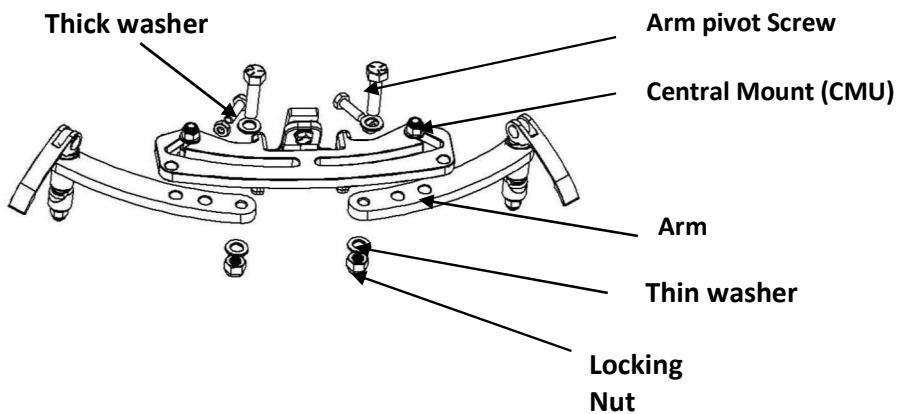


Figure 12

Installing the Central Mounting Assembly (CMA)

Your combined Central Mounting Assembly (CMA) is supplied configured for its most likely application. If the Mounting Blocks have been installed as illustrated, on a wheelchair with regular widths of: 26cm (13"), 38cm (15"), 43cm (17") or 50cm (20"),

The assembly can be installed as supplied with minor adjustments to the Mounting Block angle. If the wheelchair widths are different from these sizes, or you need to install the Mounting Blocks differently, you will need to retract or extend the arms to suit

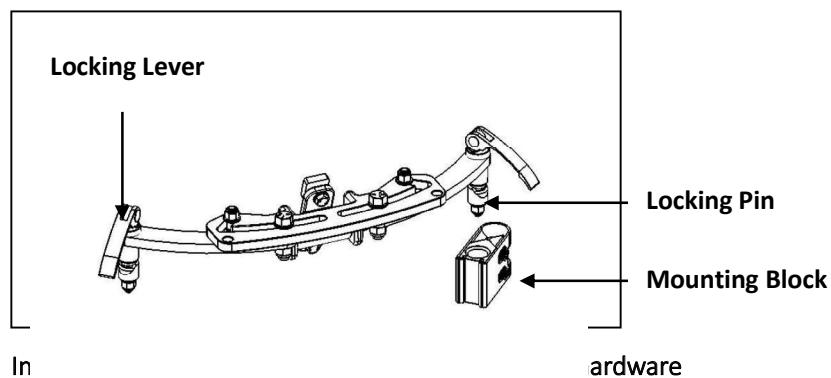
Also, once the backrest is installed, the positioning of the backrest may require further adjustment of the arm positions.

Mounting blocks:

Refer to pages 7-9 or the separate instructions supplied with the Mounting Blocks.

Ensure that once in their provisional position the Mounting Blocks can be moved easily for adjustment prior to final positioning.

Figure 13 - Central Mounting Assembly (CMA)



1. Remove the Mounting Blocks from their packing and dismantle
2. Install one Mounting Block at the optimum height for the backrest. Ensure that the screw holes are to the outside of the wheelchair and accessible for final positioning. Do not overtighten at this stage. Allow the Mounting Block to rotate under moderate pressure.
3. Install the second Mounting Block on the opposite side approximately 50mm lower than the first block.
4. Align the Central Mounting Assembly and insert one Locking Pin into the first Mounting block.
5. Align the second Locking Pin with the opposite Mounting Block.
6. Close the **first** Locking Lever so that the assembly is fixed firmly.
7. Slide the second (lower) Mounting Block up until the second Locking Pin is fully engaged.
Alternatively, slacken the screws on the first Mounting Block then **lower** the combined mechanism and Mounting Block to mate with the second block to achieve the same result.
8. Close the **second** Locking lever.
9. Check that the mechanism can be removed and replaced easily when both Locking Levers are opened. If it does not do so easily and smoothly, the Mounting Blocks may not be level or the Locking Pins may not be perfectly aligned. Continue adjustments until removal and replacement is smooth and easy.
10. Tighten all screws but allow for further positioning after installing the backrest.

Assembling backrest segments

The size and clinical capacity of all ranges can be increased by adding segments and/or accessories to standard one-piece backrest as in **Figure 14a**.

Axxis backrests can also be configured in a fully sectional or segmented form. Typically, the thoracic and lumbar regions are separate but joined by adjustable hinges as in **Figure 14b**.

Several segments may be joined. This will increase the height of the system and greatly increase the range of sizes and shapes which can be accommodated. In addition, segments may be joined top to top, bottom to bottom, top to bottom and inverted in order to accommodate shapes or to create cavities where

1. To join segments together, use the special hinge (SH SD) provided. The hinge screws are long enough to locate in the safety locking holes in the backrest track and must be unscrewed sufficiently to allow assembly. See **Figure 15**.
2. Tighten both hinge screws keeping the hinge elements in a straight line at first.
3. Install the system in the wheelchair.
4. To adjust the angle between adjacent segments, unscrew the two hinge screws about four turns using a 10mm wrench. There is no need to dismantle the hinge.
5. Slightly separate the hinge to allow the internal teeth to slide over each other.
6. Adjust the angle of the segment to the desired position.
7. Lock the hinge by tightening both screws with the 10mm wrench.

Note: The hinge must be adjusted to achieve equal overlap (dimension "A" in **Figure 16**).



Figure 14a

Figure 14b

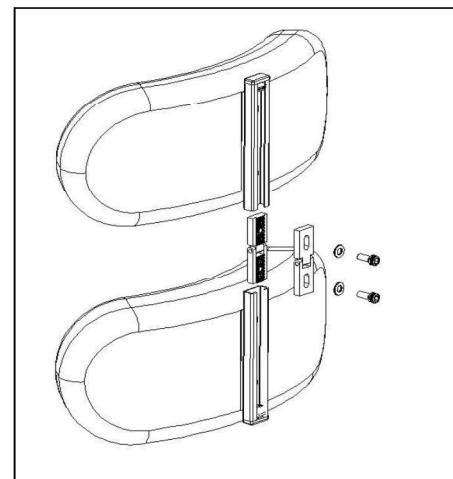


Figure 15

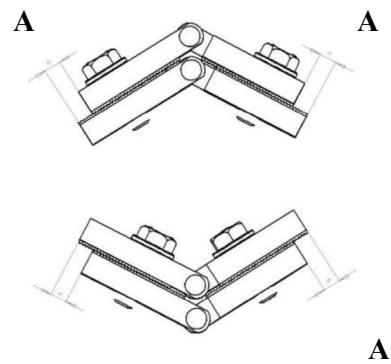


Figure 16

Installing the backrest

Remove the protective End Caps from the Track. Insert the track sliders into the bottom of the backrest track. Move the Central Mounting Assembly along the track to the guide position just above the halfway point of the track. Secure in position by tightening the Height Setting Screws.

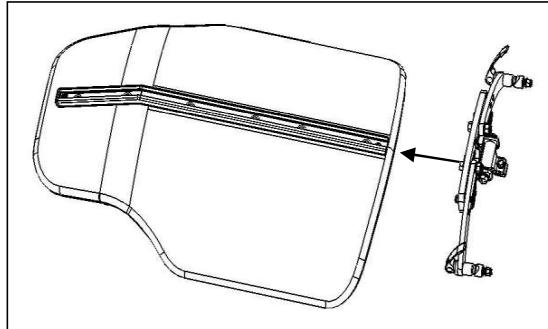


Figure 17

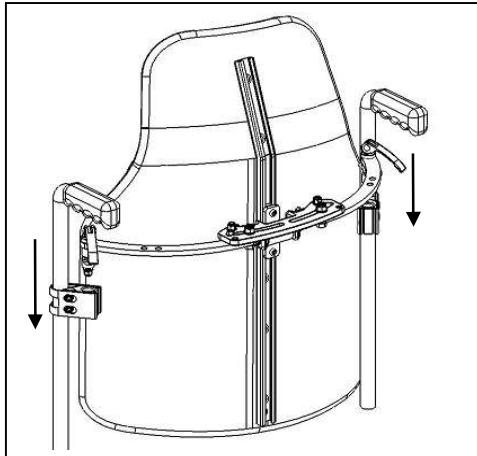


Figure 18

Lower the backrest assembly into position so that the locking pins are fully engaged in the mounting blocks. Close the locking levers. The backrest is now ready for positional adjustments.

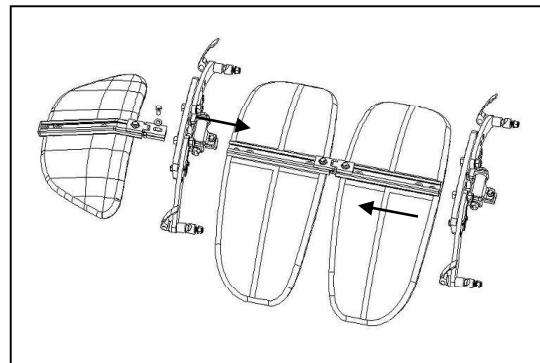


Figure 19

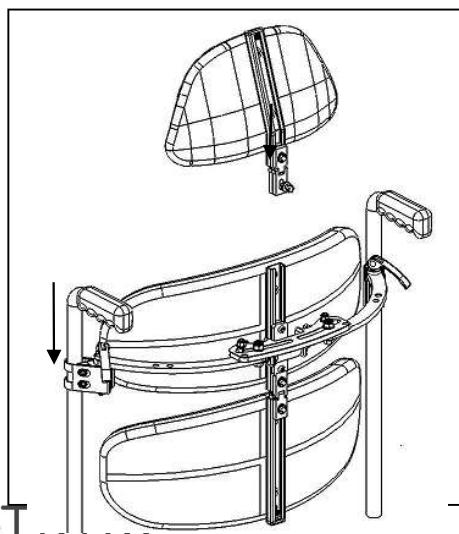


Figure 20

Before adding a Backrest Extension or additional segments, lower the backrest assembly into position so that the locking pins are fully engaged in the mounting blocks. Close the locking levers. The backrest is now ready for positional adjustments. Backrest extensions or further segments can be added more conveniently after installation of the first two segments.

Adjusting the backrest shape – V-Trak range

The adjustment zones:

Each Axxis backrest has five adjustment zones. The Central zone (1) in **Figure 25** extends from the top to the bottom and controls the **vertical profile** of the backrest.

Variations in profile as shown in **Figure 24** are achieved by adjusting the tension of the four internal horizontal straps.

The straps can be adjusted to provide a response which can vary from soft to virtually rigid within the travel of the tensioning mechanism.

The patented tensioning mechanism provides extra leverage to make adjustment easy and to facilitate fine and precise adjustments.

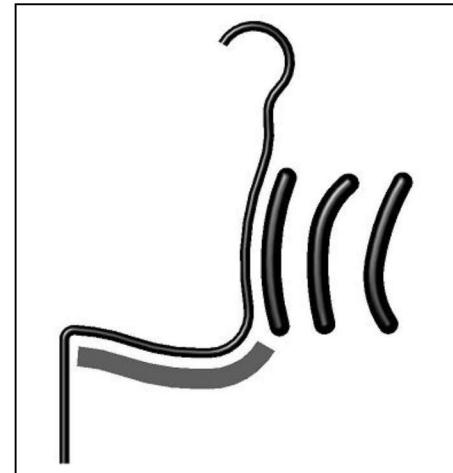


Figure 24

The additional adjustment zones are two pairs of **adjustable wings**, two at thoracic level (numbers 2 & 3) and two at pelvic level (numbers 4 & 5).

Figure 25 shows the client's right hand thoracic wing (zone 2) adjusted to the maximum inward position and the remaining wings (zones 3, 4 & 5) in their maximum outward positions.

These wings are all independently adjustable using a single screw for each wing. The screw adjustment allows easy, fine and precise adjustments to be made and to create symmetrical and/or asymmetrical reductions in width as required.

In addition to providing the correct amount of lateral support, the wing adjustment can also be used to reduce the overall width of the backrest and to provide greater depth of support.

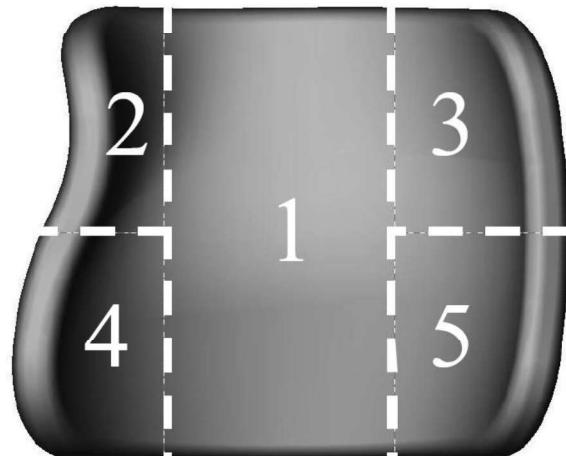


Figure 25

Adjusting the backrest shape – V-trak range

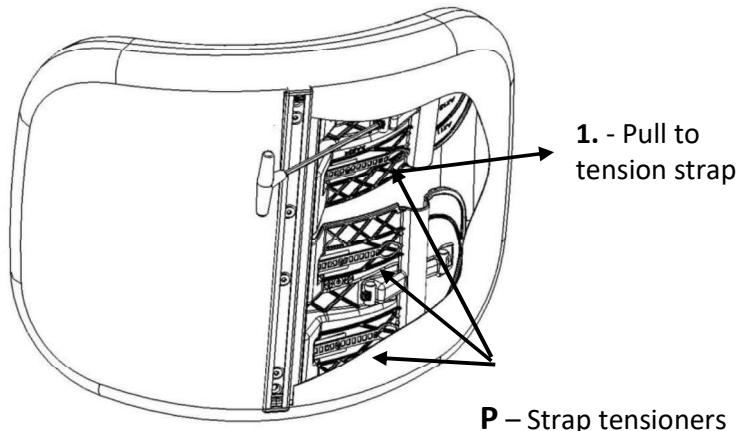
Adjusting zone 1

Working from the rear of the backrest as in **Figure 26**, open the cover to expose the rear of the backrest shell. Each strap has its own **tensioner (P)**

To adjust a strap, first release the tensioner by twisting and then pulling in the direction of the arrow (1) and away from its base until it is free. Then pull in the direction of the arrow (1) until the desired tension is achieved.

To lock the tensioner, press back into its base in the new position.

Figure 26



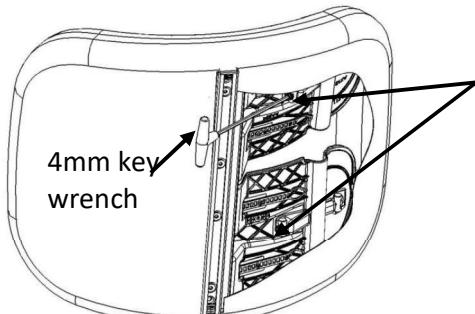
Adjusting zones 2 – 5

Figure 27 - All V-trak backrests and segmented backrests and Except Deep Contour.

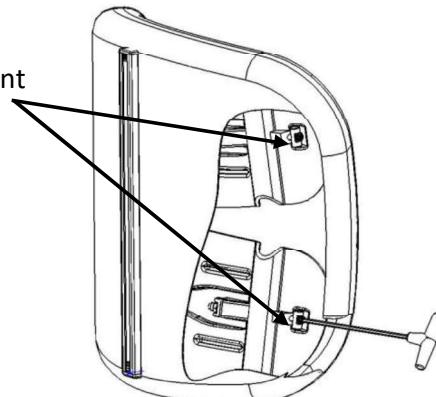
Use a 4mm Hex Key Wrench to adjust from the **inner** screw head

Figure 28 – All Deep Contour V-trak backrests and segments.

Use a 4mm Hex Key Wrench to adjust from the **outer** screw head



Wing Adjustment Screws



1. All one piece backrests have four internal straps and four segments. Each segment has two straps and two adjustable wings.
2. Width adjustments have a fixed range. Movement beyond this range is prevented by mechanical stops. These are effective for reasonable amounts of force. Please observe these limits to ensure the proper deployment and performance of the backrest.
3. Please be aware that in common with all thermoplastics some “creep” is inevitable. A wing adjusted to its maximum inward deflection may not return immediately when released. This will be more evident in a cold environment than in a warm one.
4. We advise that all adjustments should be undertaken in reasonable ambient temperatures.

Adjusting the backrest shape – segments



Figure 29

Use the integral lateral supports and modular construction to suit combinations of height, width, trunk taper and lateral support requirements.

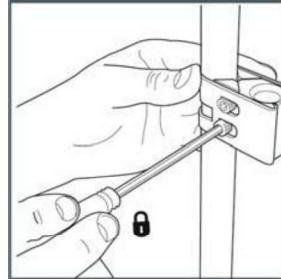


Figure 30

Use the hinged segments to suit a wide range of spine profiles. Use the unique V-Trak hardware to allow separate positioning of upper and lower segments for complex requirements such as severe Scoliosis or Hyper-Lordosis.

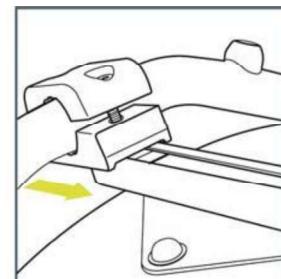
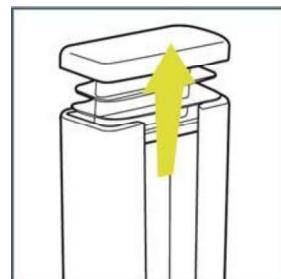
V-Trak Lite Hardware installation

Once mounting blocks have been positioned with hardware. Check that the V-Trak Lite hardware can be removed and replaced easily when both Locking Levers are opened. If it cannot, the Mounting Blocks may not be level or the Locking Pins may not be correctly aligned. Continue adjustments until removal and replacement is smooth and easy - **1**.



1

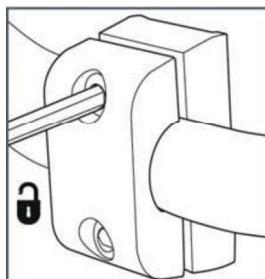
Universal Mounting Blocks include a selection of Spacers and Clamp Bands to suit different cane diameters. Observe the correct position for any Spacers which must not be in contact with the tightening Wedges - **2**.



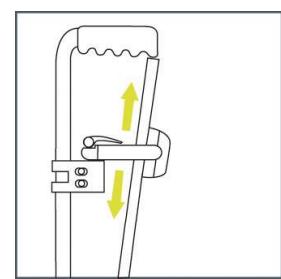
2

Installing the Backrest:

1. Remove the mounting system from the mounting blocks.
2. Remove the protective End Cap from one end of the Mounting Track – **3**.
3. Slacken the Centre Clamp Fixing Screws to allow the Track Slider to mount onto the backrest track
4. Insert the Track Slider into the track and move the assembly to the desired position – **4**. Ensure its orientation before clamping (Locking Pins should be facing down).
5. Secure in place with the Centre Clamp Fixing Screws - **5**.
6. Install the completed backrest in the wheelchair and secure by closing the Locking Levers.
7. Replace the protective End Cap.



5



6

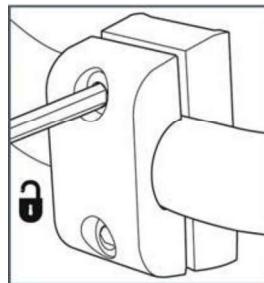
Adjustments: Backrest Height:

For **fine** adjustment of the backrest height, slacken the two Centre Clamp Fixing Screws – **5**. Move the backrest up or down to the desired position – **6**, and re-tighten the Fixing Screws. If this adjustment significantly alters the pivot position, it may be necessary to adjust the height by repositioning the mounting blocks on the wheelchair canes.

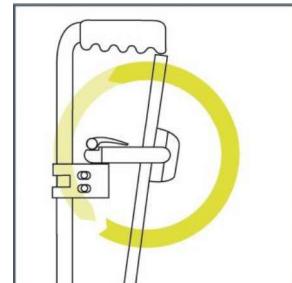
V-Trak Lite Hardware installation

Backrest Angle (pitch):

Slacken the two Centre Clamp Fixing Screws – **7**. Angle the backrest forwards or backwards to the desired position – **8** and re-tighten both Fixing Screws.



7



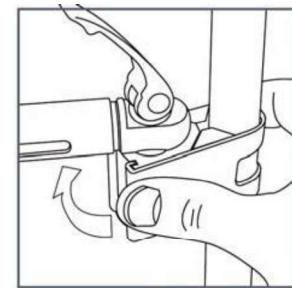
8

Seat Depth: - **11**

1. Raise both Locking Levers to the open position
2. Slacken both Arm Locking Screws
3. Slacken the Mounting Block screws sufficiently to allow the Mounting Blocks to rotate – **9**
4. Rotate the Mounting Blocks until the desired position is reached – **10**.
5. Tighten the Arm Locking Screws and close the Locking Levers
6. Tighten the Mounting Block Screws
7. Check for easy removal/replacement of the backrest and adjust if necessary.



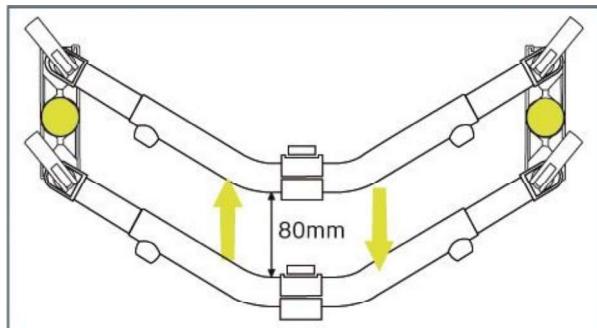
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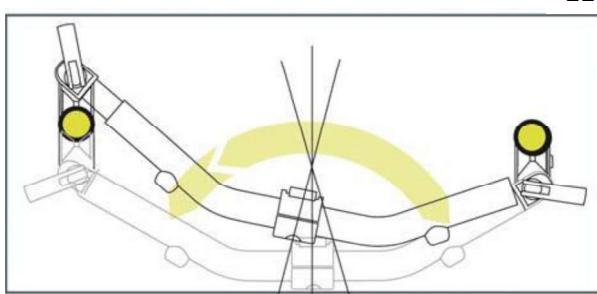
10

Backrest Rotation & Offset:

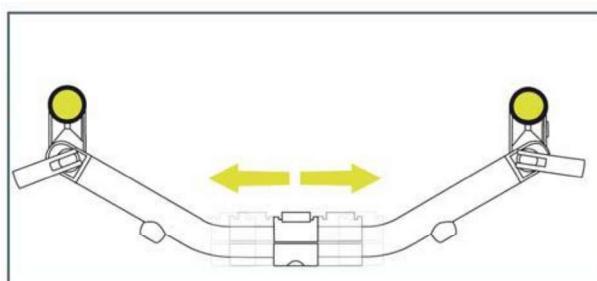
1. Proceed as for seat depth adjustment but rotate Mounting Blocks differently to achieve the angle required – **12**.
2. To change or reinstate the central position, slacken the Centre Clamp and slide sideways to the required position – **13**
21. Secure in position by tightening all fixing screws and closing the Locking Levers.



11



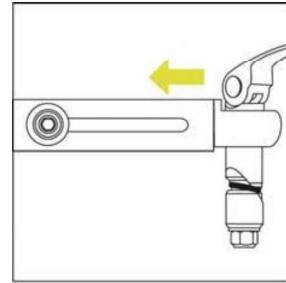
12



V-Trak Lite Hardware installation

Adjusting for different wheelchair widths:

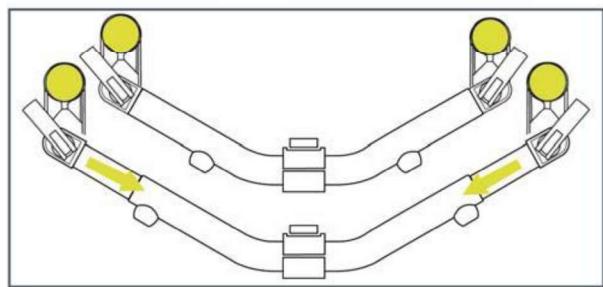
1. Proceed as for Seat Depth adjustment but rotate the Mounting Blocks equally to achieve the desired width.
2. Secure in position by tightening all fixingscrews and closing the Locking Levers. See **14, 15, 16**.



13

Removing the Backrest:

1. Raise the Locking Levers at each side, past the vertical position to the *Unlocked* position.
2. With a hand under each side of the hardware, lift evenly upwards and clear of the Mounting Blocks



14

15

16

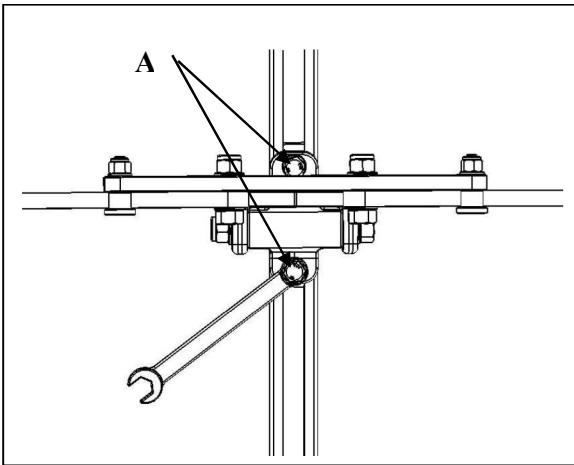
Replacing the Backrest:

1. Ensure both Locking Levers are in the *Unlocked* position.
2. With a hand under each end of the system, lower the Locking pins evenly into the Mounting Blocks on the wheelchair.
3. When both Locking Pins are located in the holes in the Mounting Blocks, push down firmly. Ensure that the Locking Pins are fully located before pressing the Locking Levers downwards until fully horizontal, in the *Locked* position. The system is now firmly attached to the wheelchair.

Height adjustment

For fine adjustment of the backrest height, slacken the two Height Setting Screws "A" in **Figure 31**. Move the backrest up or down to the new position and re-tighten the height setting screws.

Figure 31



Backrest angle adjustment

Slacken the two Pivot Screws "A" in **Figure 32**. Tilt the backrest forwards or backwards to the new position as shown in **Figure 33** and re-tighten both Pivot Screws.

If this adjustment materially alters the pivot position, it may be necessary to adjust the height by re-positioning the Mounting Blocks on the wheelchair canes.

Figure 32

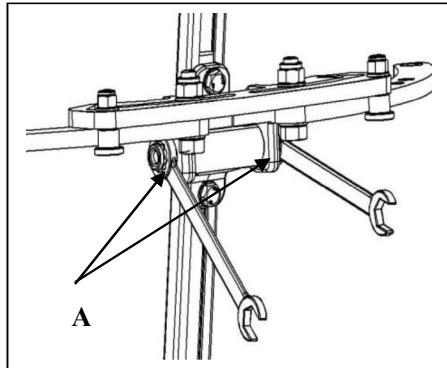
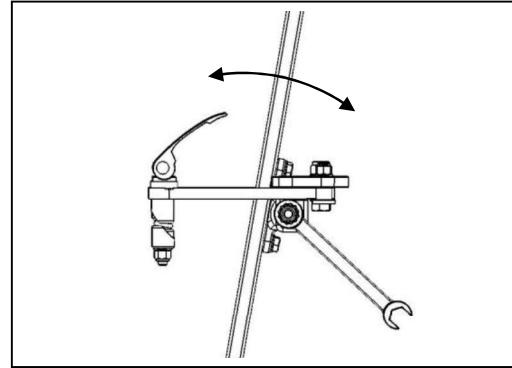


Figure 33

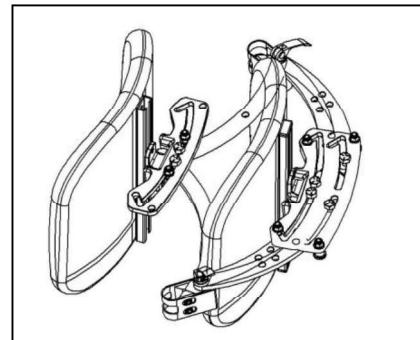


Seat Depth adjustment

Figure 34

Note:

When making any adjustment involving rotation of the arms, ensure the **Locking Levers** are in the **Unlocked** position so they can rotate freely within the Mounting Blocks.



The seat depth can be reduced (**Figure 35**) by rotating the Mounting Blocks so that they move from the standard position (at an angle, behind the back canes) until they are at the maximum forward position, in front of the back canes and parallel with each other. Any intermediate position can be

Figure 35

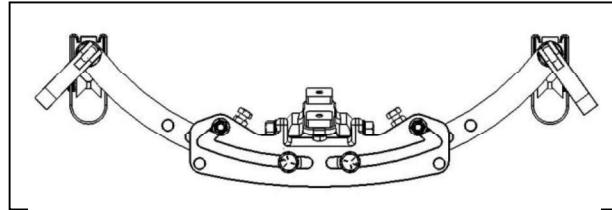
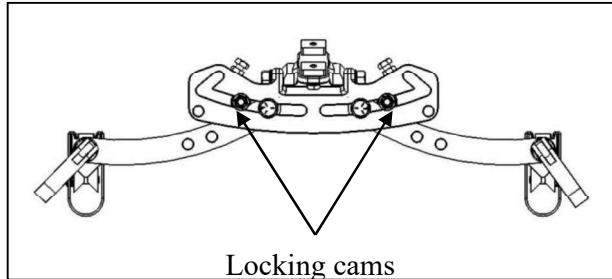


Figure 36

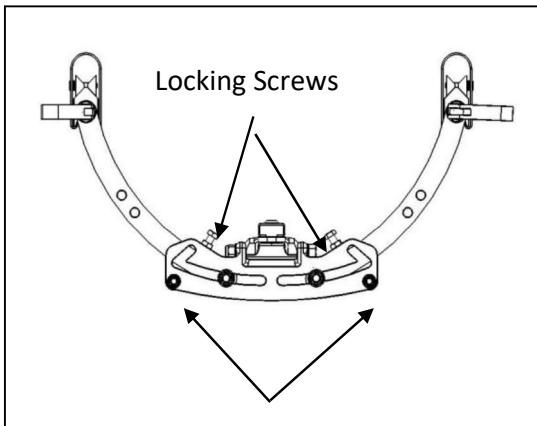
The seat depth can be further reduced (**Figure 36**) by rotating the V-Trak Arms forwards to move the backrest further forward over the wheelchair seat. Use the Locking Cams to secure the final position.



Seat Depth adjustment - continued

The seat depth can be increased (**Figure 37**) by rotating the Mounting Blocks so that they move from the standard position (at an angle behind the back canes) until they are at the maximum rearward position and parallel with each other. Any intermediate position can be a viable solution.

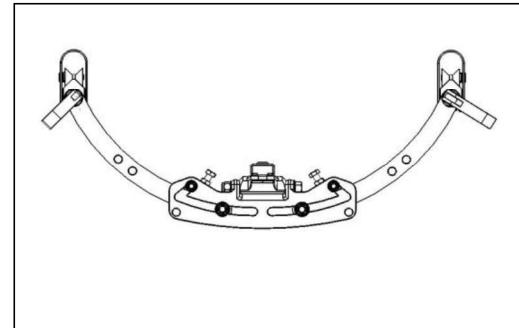
Figure 38



Locking Cam storage position

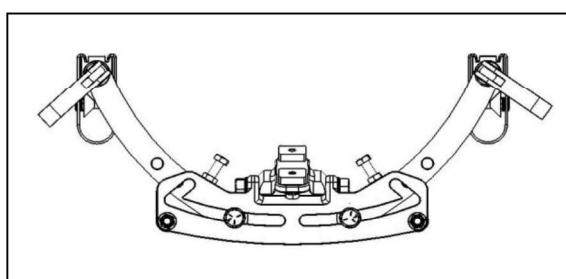
Rearward movement of the arms can also be carried out with the Mounting Blocks in the forward position (**Figure 39**). Use the Locking Screws to secure the final position.

Figure 37



The seat depth can also be increased (**Figure 38**) by rotating the V-Trak Arms backwards so that the backrest is also moved backwards. This will require the relocation of the Locking Cams from their locking position to their storage position. Use the locking screws to secure the final position.

Figure 39



Asymmetrical adjustments

Slacken the Arm Pivot Screws and Locking Levers to rotate the backrest to the left or right

Figure 41

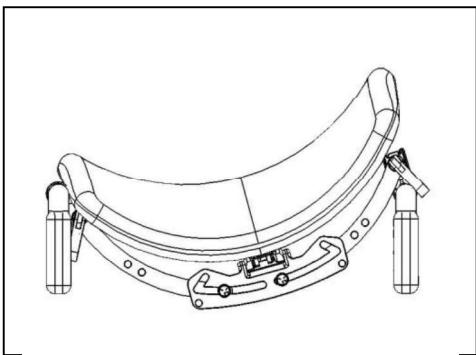
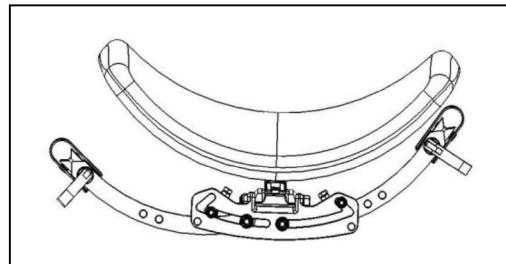


Figure 40



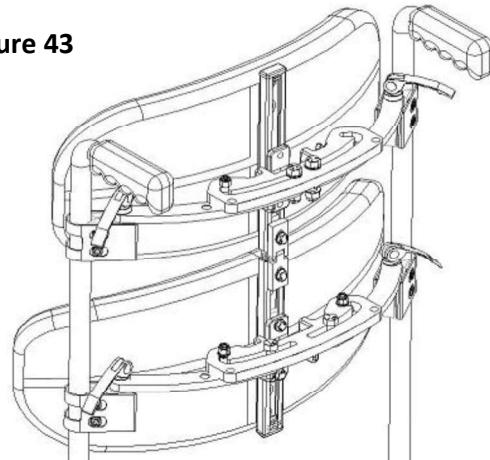
The backrest can also be simultaneously moved sideways to the left or right to stay within the confines of the wheelchair arms or other restrictions.

Backrest loading, stability and high tone

Securing the backrest against exceptional forces resulting from body mass, high tone (extension spasms etc), orientation, or a combination of these factors.

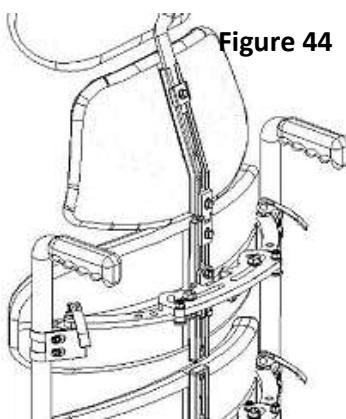
If the client's body mass is high and/or the host wheelchair has the facility for **tilt-in-space, partial recline or full recline to supine position**, then the resulting additional forces may require the installation of a secondary arm to the top of the backrest or, the use of two sets of Central Mounting Assemblies and Mounting Blocks at the highest and lowest practical attachment points. This can also counter **additional forces resulting from voluntary or involuntary extensions**.

Figure 43



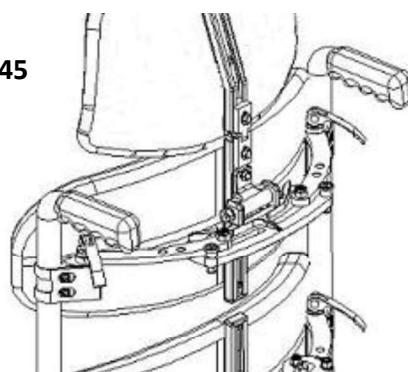
A typical two-arm installation on a two segment backrest with a joining hinge. The solution applies equally to one-piece backrests. Removing the joining hinge allows each section to move independently of the other for complexities such as Scoliosis.

Figure 44



Where the segments are separated, the addition of further segments or a headrest will increase the leverage on the upper pivot. In this case the pivot can be raised to its highest practical point to provide greater resistance to rotation.

Figure 45

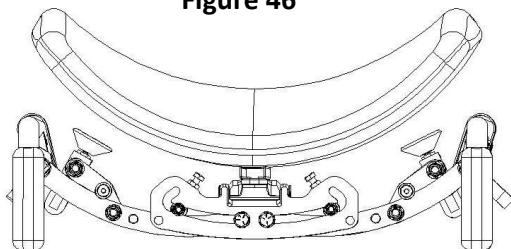


The highest pivot position is achieved by inverting the Central Mount. Detach the Central Mount from the V-Trak arms, invert it together with the Arm Pivot Screws, and re-install as illustrated. The Lock Nuts will now be on top.

Backrest loading, stability and high tone - continued

V-Trak shells are designed to flex in use in order to provide a combination of support, stability and freedom of movement. This flexibility can be modified, if required, by the use of shell stabilisers. These are attached to the V-Trak arms and adjusted to reduce or eliminate the rearward flexing of the backrest shell.

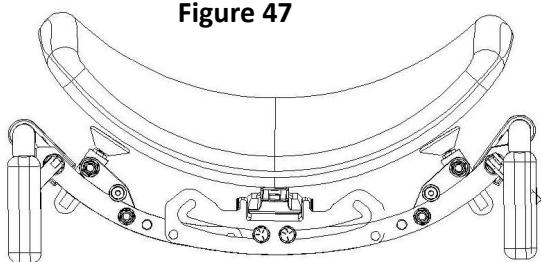
Figure 46



Stabilisers positioned against the backrest to eliminate rearward flexing.

Extended Stabilisers (BM STX) installed in the accessory holes on the V-Trak arm and adjusted to allow a limited amount of movement

Figure 47



Backrest loading, stability and high tone – loading guidelines

The following guidelines are intended as a guide only and should not be used as a substitute for professional judgement, opinion or experience. Each installation will be unique and will require the issuer's assessment of any risk and its management.

Category 1

One-piece backrest using one Central Mounting Assembly, with the pivot at the optimal position to balance rotational loads.

Maximum User weight: 120Kg

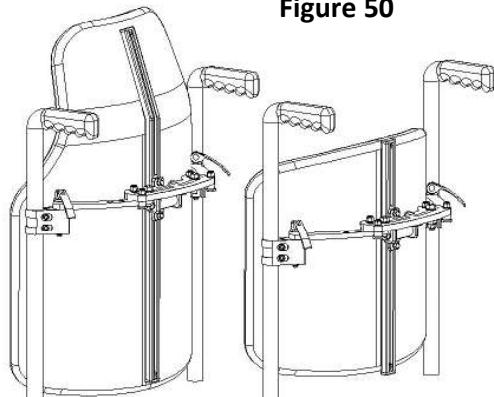


Figure 50

Category 2

One piece or segmented backrest with two Central Mounting Assemblies at the highest and lowest practical mounting positions

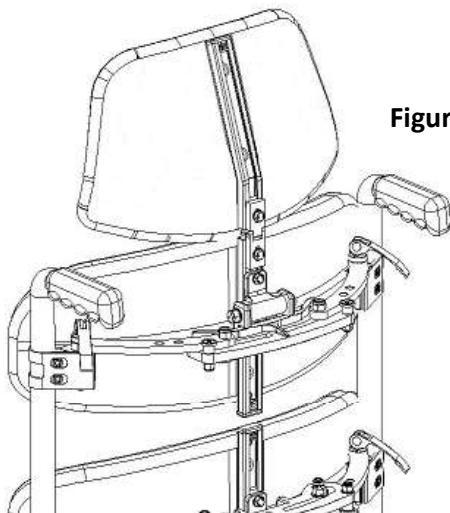


Figure 53

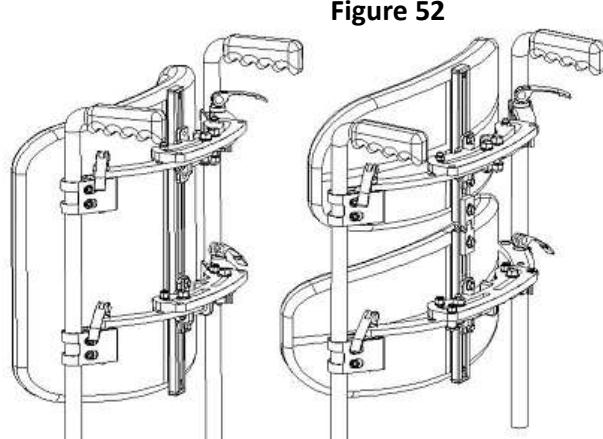


Figure 52

Category 3

Two separate segments with backrest extension with precautionary raising of the pivot point to its optimal or highest position to resist rotational forces (inverted Central Mount)

Maximum User Weight: 120Kg

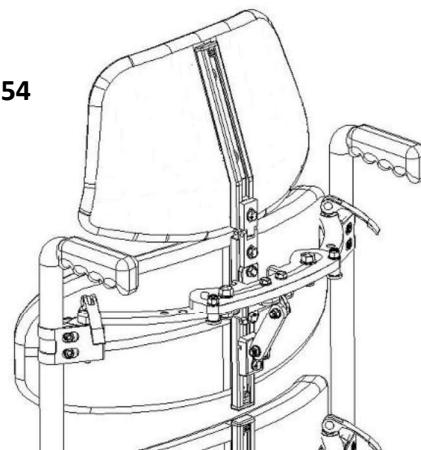
Backrest loading, stability and high tone – loading guidelines continued

Figure 54

Category 4

Two separate segments using the Pivot lock to prevent rotation of the upper segment(s)

Maximum user weight: 120Kg



In order to ensure maximum resistance to rotation for the loading guidelines quoted, the Pivot Screws for the loading tests were tightened to a maximum torque level of 25 Nm (18.44 lbf ft.). The torque applied to all fasteners should not exceed the maximum figure shown in the table below.

Torque settings for V-Trak system fasteners:

	Recommended:		Maximum:	
	Nm	(lbf ft)	Nm	(lbf ft)

Fastener:

CMA Pivot Screws	20	14.75	25	18.44
Arm Pivot Screws	10	7.38	15	11.10
Mounting Block Screws	10	7.38	15	11.10
CMA Locking cam screws	6	4.43	10	7.38
CMA Locking screw lock nut	6	4.43	10	7.38
Height Setting Screws	6	4.43	10	7.38
Joining Hinge Screws	6	4.43	10	7.38

Warning: Exceeding the maximum torque setting may weaken or break the fastener and cause a hazard.

Tissue viability and pressure sores

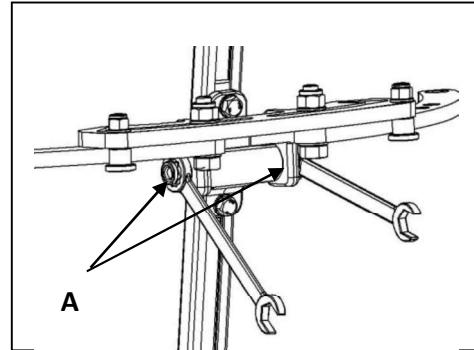
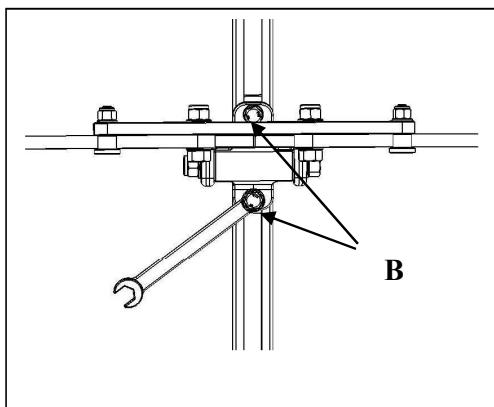
As with any seating equipment the usual precautions of assessment of tissue viability should be observed.

Within the V-Trak range of backrests and accessories there is sufficient variety of size, shape, position and resilience to ensure adequate distribution of pressure and the avoidance of areas of high or inappropriate pressure. Inappropriate positioning can cause pressure sores especially in vulnerable areas where tissue depth is limited such as the Sacrum or Scapula.

Safety checklist

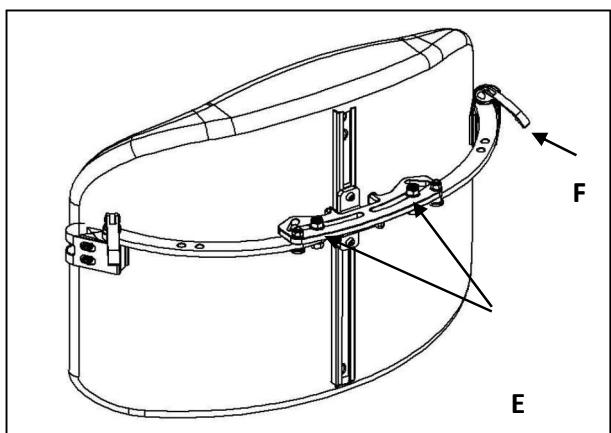
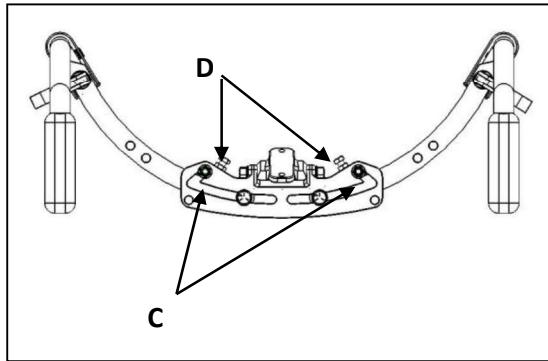
Follow the instructions below to ensure the security and safe performance of a V-Trak backrest installation. If necessary, refer to the torque settings on the previous page.

1. Tighten both Pivot Screws (A) firmly.



2. Tighten both Height Setting Screws (B) firmly.

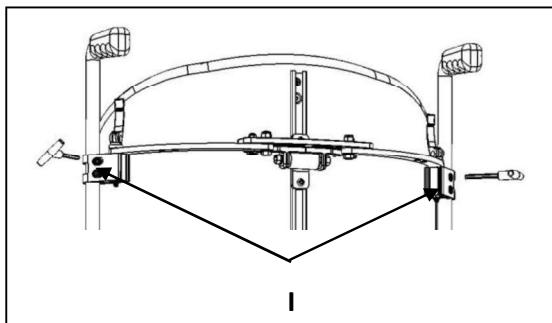
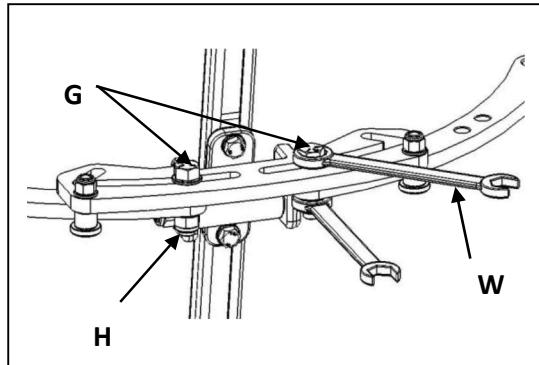
3. Set and secure the Locking Cams (C) or Locking Screws (D) as required.



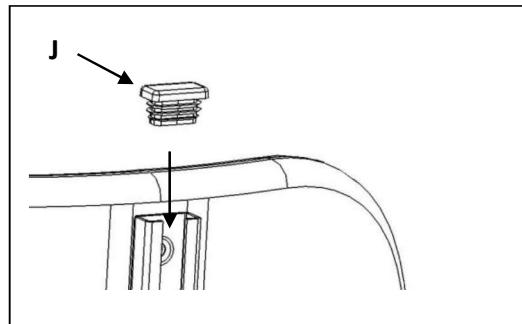
4. Release the Arm Pivot Screws (E) and Locking Levers (F) to allow the system to rest firmly against the Locking Cams or Locking Screws.

Safety checklist - continued

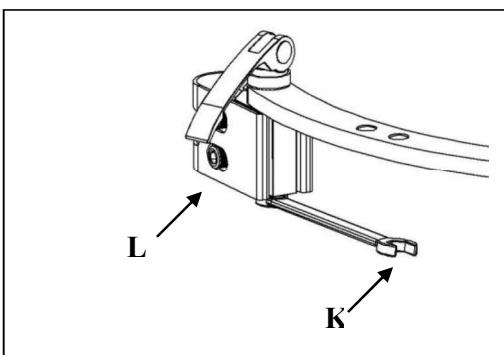
5. Tighten Arm Pivot Screws (G) firmly. Immobilize the Arm Pivot Screws with a second wrench (W) while securing the Lock Nuts (H)



6. Check for easy release and replacement.
7. Adjust the Mounting Block alignment if necessary.
8. Tighten the Mounting Block Screws (I) evenly and firmly.



9. Insert a Track End Cap (J) at open track end(s).



10. Adjust the release force for the Locking Levers if necessary, using the wrench (K) to turn the Pin Lock Nut as shown. Ensure sufficient retention force when used as seating for transportation.
11. Demonstrate Locking Levers and leave in the recommended position (L).

12. Perform a Chair Stability check on the final Wheelchair and V-trak Backrest Configuration.
13. Check no Pinching or trapping between Backrest and Wheelchair in final configuration.
13. Present the User Manual to the User or Carer.
14. Draw their attention to the **Safety Notices** in this User Manual and the **Cleaning and Maintenance** section.

This page is to be completed by the installer and the Manual left with the client.

Client's name:	_____
Client's reference:	_____
Manual issued to:	_____
Date:	_____
Installer:	_____
Therapist (if different from above):	_____
Contact telephone number:	_____
Recommended review period:	_____
Supplier:	_____
Items installed:	
Product code:	Quantity:
_____	_____
_____	_____
_____	_____
_____	_____

If you have any views or comments regarding the advice and instructions given in this manual, please email them to us at the address below. This will help us to achieve our objectives of providing accurate, timely and relevant information for the safe use and deployment of our products and the maximum benefit of the users.



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